

Patient Medical Journal

Table of Contents

1. Introduction

<i>Primary Care Summary for Emergency Rooms</i>	3
<i>Authors' Introduction</i>	5
<i>Acknowledgements</i>	6
<i>General Introduction</i>	9
<i>Patient Fact Sheet "20 Tips to Prevent Medical Errors in Children"</i>	10
<i>Patient Fact Sheet "20 Tips to Prevent Medical Errors in Adults"</i>	13

2. Advocacy

<i>The Role of Patient Advocate</i>	17
<i>Consent to Disclose Healthcare Information</i>	18
<i>Patient Safety Checklist</i>	19
<i>Advocate (Family, Friend) Contact Information</i>	27
<i>Advocate Journal</i>	28
<i>Advocate Schedule</i>	31

3. Background Information

<i>General Patient Information</i>	35
<i>Patient Medical Biographical Information</i>	36
<i>Learning Needs/Functional Status</i>	37
<i>Medical Devices</i>	39

Medical History

<i>Medical History</i>	40
<i>Immunizations</i>	42
<i>Family Medical History</i>	43

4. Professional Contact Information and Logs

<i>Healthcare Provider Contact Information</i>	46
<i>Event Reporting</i>	49
<i>Doctor Visits</i>	50
<i>Professional Visits</i>	51
<i>Hospital Visits</i>	52
<i>Therapy Visits</i>	54
<i>Height and Weight Log</i>	56
<i>Diagnostic Studies</i>	57
<i>Surgical Record</i>	59

5. Medications	
<i>Medication Safety</i>	63
<i>Medications at Home</i>	64
<i>How to Fill Out Your Wallet Medication Form</i>	67
<i>Wallet Card</i>	68
<i>Medication History</i>	70
6. Having Surgery?	74
7. Leaving the Hospital	
<i>Writing Patient-specific Instructions</i>	76
8. Advanced Planning	
<i>Notification List</i>	79
<i>Document Locator</i>	80
<i>Making Decisions Ahead of Time: Advance Directives</i>	82
<i>Palliative vs. Hospice Care</i>	83
<i>Your Right To Make Healthcare Decisions</i>	85
<i>Medical Orders Scope of Treatment (M.O.S.T.)</i>	94
<i>M.O.S.T. Form</i>	95
9. Complementary Tools	
<i>Colorado Alert Wristband Standardization</i>	97
<i>Web Resources for Quality Information on Hospitals</i>	98
<i>Web Resources for Quality Information on Physicians</i>	99
<i>Discount Drug Programs/Drug Scholarships</i>	100
<i>Names of Pharmacy Discount Cards</i>	101
<i>World Health Organization (WHO) Surgical Checklist</i>	102
10. Checking it Twice - Empowered Patient® Quick Reference Guides	
<i>Choosing an Advocate and Preparing Documents</i>	103
<i>Choosing A Doctor</i>	104
<i>Informed Consent and Shared Decision-making Checklist</i>	105
<i>Hospital “House Staff” Hierarchy</i>	106
<i>Who’s Who in the Hospital</i>	107
<i>Getting Help In A Hospital</i>	108
<i>Working With The Hospital Staff</i>	109
<i>Preparing For Discharge</i>	110
<i>Care at Home After Surgery</i>	111
<i>Warning Signs of a Rapidly Declining Patient</i>	112
<i>SBAR Communication Technique</i>	113
<i>Your 1, 3, 6, and 12-month Plan to Becoming An Empowered Patient</i>	114
<i>Why Advocates are So Valuable</i>	120